

## ROUNDTABLE NEWS FOR MOUNTAIN LAKE DISTRICT



# DEER TALES



JUNE 2008

### *CUB SCOUT DAY CAMP A SUCCESS!*

Mountain Lake District's Day Camp achieved the Gold this year! We had 175 Cub Scouts, 27 Pixies, 59 Den Chiefs, 23 Teen Apprentices, and 99 Adults for a total of 383 in attendance.

This year at camp, Scouts enjoyed many Olympic sports such as table tennis, volleyball, horseshoes, marbles, soccer (using big foam feet instead of their own), croquet and tug-o-war. They did crafts such as chairs, water bottle holders, string art, Frisbees and other useful things.

Scouts learned such things as electricity, nature, folklore, history and our country, as well as skills such as knots, map & compass, cooking, shooting BB guns and Archery, carving with knives, building bridges, building friendships and making memories to last a lifetime.

Our Pixies had a wonderful time; each day having it's own theme: Monday was "Preparing for the Olympics, Tuesday "Play Games", Wednesday "Water-lympics", Thursday "Athletes Around the World", and Friday "Three Cheers for the USA".

Of course, camp would not have been the success it was without our Adult Volunteers and Boy Scouts working as den chiefs! We had an awesome group at camp this year. They all worked hard to help Cub Scouts do their best!

2008 Directors want to express thanks and appreciation to all the Scouters that served as Directors in previous years. It is the foundation that you built which enabled us to build upon for a successful camp. We'd especially like to thank Kevin and Doreen Campbell, Sharon Kriss, and Dave Tackett. You each provided advice, guidance, and answers to our many questions as we pulled our plans together. Thank you!!

We had such a great time we've already begun planning for 2009!

- 2008 Directors



### SPECIAL POINTS OF INTEREST:

- *July Cub Scout Theme: S'more Summer Fun*
- *RJ's Recipe of the month*

SOMEONE'S SITTING  
IN THE SHADE  
TODAY BECAUSE  
SOMEONE PLANTED  
A TREE A LONG  
TIME AGO.

- WARREN BUFFETT

### COUNCIL TRAINING OPPORTUNITIES

**AAC Powder Horn**, a High Adventure Resource Management Training Course for Venturing Advisors and Boy Scout Leaders, will be held on August 15-17 and September 5-7, 2008 at Woodruff Scout Reservation. Cost is estimated at \$225 and final payment will be due by July 1, 2008. For further information visit [www.powderhorn-bsa.org](http://www.powderhorn-bsa.org).

**Venturing Leadership Skills Course** is October 4, 2008. Cost is \$15.00 and includes course materials, lunch, and VLSC patch. Course will be held at the Volunteer Service Center from 9:00 a.m.—4:30 p.m.

**Scouters Academy**—A full day of supplemental adult leader training for all scouting programs. Mark your calendar for Saturday, November 1, 2008. Full details to follow soon! Co-Directors are Donna Carr (770.633.6587) and Deborah Gibson (678.386.4447).

## HEAT STROKE PREVENTION

Georgia is both hot and humid during the summer. Heat, humidity and activity act independently to increase your risk of heat stroke.

The best time to exercise or work is during the morning. Limit the size of the noon meal and drink fluids instead of solids.

If the temperature is 85 degrees or less, there should be a 10 minute rest period every hour. Drink at least a half-quart of water every hour.

If the temperature is between 85 and 90 degrees with 80% humidity, you should drink about 1 – 1 ½ quarts of water an hour, but exercise for no longer than 30 minutes every hour.

If the temperature is over 90 degrees with over 80% humidity, do not exercise, do not work, drink at least 2 quarts of water an hour.

Keep out of the sun, use sunscreen, and wear your clothes loose.

2002 Atlanta Area Council Health & Safety Committee  
Mt. Lake District Health + Safety Committee  
Trent Trees

DEEP SUMMER IS WHEN LAZINESS FINDS RESPECTABILITY.

- SAM KEEN

## RJ'S RECIPE OF THE MONTH—*MEATBALL SUB SANDWICHES*

A quick and easy way to serve a crowd!

### INGREDIENTS – 50 servings

- \* 2 bag's small meatballs ( From Sams 2-5# bags in a box), ( Or 2-6# bags of large 5/8oz)
- \* 2 #10 cans Ragu Spaghetti Sauce
- \* 50 Hoagie rolls 6 inch
- \* 1 Bag shredded mozzarella cheese

### DIRECTIONS

1. In a LARGE Dutch oven, brown meatballs. Cover and allow to heat to 140 degrees.
2. Add spaghetti sauce and bring heat back to 140.
3. Cut a 1-inch V-shaped notch out of the top of the hoagie roll and discard. Remove some of the roll's interior to form a pocket so the meatballs can fit easily. Fill with 5- 6 meatballs and sauce. If you use the larger meat balls it will only take 3 to fill the roll.
4. Top with mozzarella cheese.
5. These can also be heated in a Dutch oven or box oven until the cheese melts, if desired and time allows.



## ADVANCEMENT

The Mountain Lake District Advancement Committee was active during May!

First, the committee supported the council's NESAs day event on May 10<sup>th</sup> by providing MB counselors as well as staff members for registration.

Second, the Advancement committee was busy with Eagle Boards of Review (EBOR) on May 20<sup>th</sup>. That night started with a driving rain and tornado warnings but ended with seven new Eagle Scouts. While seven was not a record number, it did pose a logistical challenge of finding enough volunteers to set six members for each board of review (42 total). Fortunately, Alan Stensland initiated a campaign earlier in the month to recruit community leaders to assist on all EBOR. The goal is to have at least one community leader participate on each EBOR. That night we were assisted by the following:

Earl Erhart, Georgia State Congressman for our District  
Brian Hermanson, Executive Director, Cobb Symphony Orchestra  
Lanita Lloyd, Deputy Director, Cobb Emergency Management Agency  
Cari Crosby, Cobb EMA Community Emergency Response Team  
Dr. Sandra Miller, Assistant Principal Campbell High School Smyrna Ga.  
M.R. Miller, Senior Accountant National Bank of Scotland

The following Community leaders are scheduled to help in June:

Dr. Michael Alexander, Conductor for Cobb Symphony Orchestra and Professor at Kennesaw State University.  
Brian Hermanson, Executive Director, Cobb Symphony Orchestra  
Helen Goreham, Cobb County Commissioner.  
Len Goreham, Pilot Delta Airlines  
David Heino, Retired Special Forces Commander, Owner of Expeditionary Technologies (IT Company)

Also during the evening of Tuesday, May 20, the Advancement Committee debuted a second training opportunity while the EBOR was conducted. All year Life-to-Eagle sessions for scouts and adults were conducted during the same period as the EBORs; however, in May we added a second training session for parents entitled "Eagle Courts of Honor", which was warmly received.

The third significant event the Advancement Committee supported was inspection and certification of the Summer Camp Advancement program at the Woodruff Scout Reservation. Two Mountain Lake District Advancement Committee members represented the Council during the May 28 review.

Future plans of the Committee include sponsoring a Merit Badge clinic in the fall. Stay tuned for a date and location.

Lewis Miller  
Chairman, Advancement Committee, Mt Lake District.

## UPCOMING EVENTS

### JUNE

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- ◆ **Roundtable**, Thursday, June 12, 7:30 p.m., Kennesaw United Methodist Church. *Boy Scout Breakout is taking place with the Foothills and Covered Bridge Districts—this is a Cobb County-wide Boy Scout breakout—held at Roswell Street Baptist Church in Marietta.*
- ◆ **Venturing Extreme** is a Woodruff sponsored, off site High Adventure program for Venturers ages 14 – 20 years. The camp will be held at the Whitewater Express – Ocoee base camp June 29 – July 4, 2008. More information can be found at [www.atlantabsa.org](http://www.atlantabsa.org) under 'camping'.
- ◆ **Scout Days & Nights** (visit [www.atlantabsa.org](http://www.atlantabsa.org) for further information):  
Atlanta's WBNA, Atlanta Dream, vs. Detroit Shock at Phillips Arena on June 22, 3:00 p.m. Tickets are \$10 and include a patch.

### JULY

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- ◆ **Roundtable**, Thursday, July 10, 7:30 p.m., Kennesaw United Methodist church.
- ◆ **Cub Family Camp at Woodruff Scout Reservation** July 12—13. Cub Family Camping is for all Cub Scouts and their families to experience fun and adventure in the great outdoors as well as get a taste for Boy Scout Resident camping! Cubs get to experience sleeping in two man cabin tents with cots, just like the older guys! On Saturday evening, the families will enjoy a camp style dinner of hot dogs, chips and more! **Register early to guarantee a patch especially designed for this activity.** Cost is \$15.00 Individual/\$45 entire family if paid by July 3, 2008. After July 3 cost goes to \$25.00 Individual/\$60.00 entire family. Saturday dinner will be provided. Registration form can be found at [www.mountainlakedistrict.com/FamilyCamp.pdf](http://www.mountainlakedistrict.com/FamilyCamp.pdf).

### AUGUST

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- ◆ **Roundtable**, Thursday, August 14, 7:30 p.m., Kennesaw United Methodist Church

### SEPTEMBER

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- ◆ **Roundtable**, Thursday, September 11, 7:30 p.m. Kennesaw United Methodist Church
- ◆ **The Great Lake Allatoona Cleanup** will be Saturday, September 13, 2008. See website for details and registration: [www.allatoonacleanup.org](http://www.allatoonacleanup.org).
- ◆ The 35th Annual **Corporate Classic** Golf Tournament, sponsored by Coca-Cola, will take place at the Atlanta Athletic Club on September 22, 2008. Join us for a day of golf, fun, and for an evening reception and auction. Foursomes start at \$3,000 and all proceeds go to support Scouting in our 13 county area. Contact William Bryant, Finance Director, at [WBryant@atlantabsa.org](mailto:WBryant@atlantabsa.org) for more information.

### OCTOBER

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- ◆ **Huntsville Space Center Fall Boy Scout Day** will be October 4, 2008. Admission is \$18.00 per person and includes: Admission to the U.S. Space & Rocket Center Museum; One IMAX movie at the Spacedome Theater; hamburger box lunch; a Scout Day Patch for each Scout; a Scout Day Certificate for each Troop/Cub Pack; events and activities. For further information call 800/63-SPACE, ext. 200; or [www.spacecamp.com](http://www.spacecamp.com).
- ◆ Roundtable, Thursday, October 9, 7:30 p.m., Kennesaw United Methodist Church.
- ◆ **Fall Cub-O-Ree** is scheduled for October 24, 2008 at Bert Adams Scout Reservation.
- ◆ **Scout Days & Nights** (visit [www.atlantabsa.org](http://www.atlantabsa.org) for further information):  
Atlanta Motor Speedway—October 15

### NOVEMBER

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- ◆ **Roundtable**, Thursday, November 13, 7:30 p.m., Kennesaw United Methodist Church

### DECEMBER

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- ◆ **Roundtable**, Thursday, December 11, 7:30 p.m., Kennesaw United Methodist Church

## DISTRICT CONTACT INFORMATION

### District Executive

Mike Dennison [jmdennison58@yahoo.com](mailto:jmdennison58@yahoo.com)

### Vice Chair for Finance

Rick Bennett [benncojr@bellsouth.net](mailto:benncojr@bellsouth.net)

### District Chair

Ed Seiz [ed.seiz@seiz.com](mailto:ed.seiz@seiz.com)

### Health and Safety Committee Chair

Trent Trees [trenttrees@aol.com](mailto:trenttrees@aol.com)

### District Commissioner

Charles Hebert [cthebert@earthlink.net](mailto:cthebert@earthlink.net)

### Training Committee Chair **VACANT (Help Wanted!)**

[TrainingMLD@aol.com](mailto:TrainingMLD@aol.com)

### Assistant District Commissioner

Ron Lundgren [ronl@us.ibm.com](mailto:ronl@us.ibm.com)

### Advancement Committee Chair

Lewis Miller [lewis.miller@faa.gov](mailto:lewis.miller@faa.gov)

### District Executive

Mike Dennison [mdennison@atlantabsa.org](mailto:mdennison@atlantabsa.org)

### Activities & Civic Service –

**VACANT (Help Wanted!)**

### Vice Chair for Membership

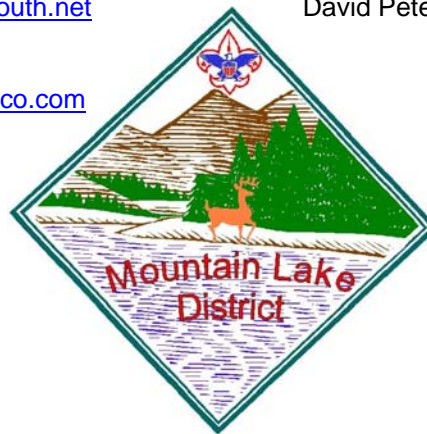
Ron Hughes [Ron\\_hughes@bellsouth.net](mailto:Ron_hughes@bellsouth.net)

### Camping Committee

David Peterson [david.peterson@atlwater.com](mailto:david.peterson@atlwater.com)

### Vice Chair for Program

Mark Hoffman [mark.hoffman@lmco.com](mailto:mark.hoffman@lmco.com)



## ROUNDTABLE STAFF CONTACT INFORMATION

### Cub Scout Roundtable Commissioner

Tony Yetman [tyetman@bellsouth.net](mailto:tyetman@bellsouth.net)

### Webelos Breakout

Rick Jardine [jardine.richard@epa.gov](mailto:jardine.richard@epa.gov)

### Boy Scout Round Table Commissioner

Trent Trees [trenttrees@aol.com](mailto:trenttrees@aol.com)

### Cub Scout Breakout

**HELP WANTED!!**

### Venturing Roundtable Commissioner

Mike Gullede [mwgullede@aol.com](mailto:mwgullede@aol.com)

### Tiger Breakout

Gary LaPointe [lpo2196@bellsouth.net](mailto:lpo2196@bellsouth.net)

### Roundtable Administration

Melek Owenby [omail@bellsouth.net](mailto:omail@bellsouth.net)

### Newsletter

Tracy Brock [tracybrock@mindspring.com](mailto:tracybrock@mindspring.com)

### Cub Master Breakout

Ron Hughes [Ron\\_hughes@bellsouth.net](mailto:Ron_hughes@bellsouth.net)

### Webmaster

Marty Verdi

[webmaster@mountainlakedistrict.com](mailto:webmaster@mountainlakedistrict.com)

### Cub Scout Committee Breakout

RJ Kolencik [rjk@genpt.com](mailto:rjk@genpt.com)

*Deadline for newsletter submissions is by midnight the Monday prior to Roundtable.*

*Please note, it is with the best of intentions to provide you with the most accurate and grammatically correct information; however, please keep in mind mistakes do happen. I will endeavor to DO MY BEST! Tracy Brock*